



## PULSVARMERE

Pulsvarmerne strikkes sideværts rundt om håndleddet og syes sammen langs oplagskant og aflukningskant.



**MÅL:** One Size: 12 cm

**GARN:** Lang: Cashmere Premium 100% cashmere 110m/25g. 1 nøgle

**PINDE:** Strømpepinde eller lille rundpind 2.5mm

**STRIKKEFASTHED:** X m og x pinde = 10 x 10 cm I retstrik på pinde 2.5 mm

**FORKORTELSER:** M = masker, r = ret, vr= vrang, udt = udtagning

**PULSVARMERE:** Slå 30 m op på pind 2,5 og strik 1 pind ret. Strik nu mønster med takker i den ene side således:

1. 2 ret, saml masken mellem maskerne op og strik den drejet ret (=1 udt.) strik ret pinden ud (31m).
2. Strik hele pinden ret.
3. 2 ret, saml masken mellem maskerne op og strik den drejet ret (=1 udt.) strik ret pinden ud (32m).
4. Strik hele pinden ret.
5. 2. ret, saml masken mellem maskerne op og strik den drejet ret (=1 udt.) strik ret pinden ud (33m).
6. Strik hele pinden ret.
7. Luk de tre første masker af og strik resten af pinden ret (30m).
8. Strik hele pinden ret.

TANTE GRØN  
CPH

Gentag disse 8 pinde til der er strikket 11 eller 12 takker på den ene side af arbejdet. Prøv om håndleddet om det passer. Den skal måle 16-17 cm. Luk alle masker af og sy pulsvarmere sammen langs opslagkant og aflukningskant. Strik endnu en pulsvarmer.

God fornøjelse.

## WRIST WARMERS

The design is worked around the wrist and is sewn  
Together along the cast on and bind-off edges.

**FINISHED MEASUREMENTS:** One Size: 12 cm

**YARN:** Lang: Cashmere Premium 100% cashmere 110m/25g. 1 skein

**SUGGESTED NEEDLE SIZE:** Circular needles or double pointed needles: 2.5 mm

**GAUGE:** x sts and x rows = 10 x 10 cm in garter stitch on size 2.5 mm needles

**ABBREVIATION:** s st(s) = stitch(es), k = knit, p = purl, yo= yarn over, k tbl = twisted knit (knit through the back loop), st st = stockinette stitch, Inc = increase 1, sl 1 = slip 1 stitch knit-wise, Mk = marker (Mk is placed on the needle), SM = slip marker to right needle, RS/WS = right side / wrong side.

**WRISTWARMERS:** Cast on 30 st on needle size 2,5 mm – knit one row. Now knit the pattern:

**Row 1:** knit 2 st, Inc 1 (pick up the thread to the next stitch and knit in the back loop). Knit the rest of the row (31 st)

**Row 2:** Knit all st

**Row 3:** knit 2 st, Inc 1 (pick up the thread to the next stitch and knit in the back loop). Knit the rest of the row (32 st)

**Row 4:** Knit all st

**Row 5:** knit 2 st, Inc 1 (pick up the thread to the next stitch and knit in the back loop). Knit the rest of the row (33 st)

**Row 6:** Knit all st

**Row 7:** Bind off the first 3 st and knit the rest of the row

**Row 8:** Knit all st (30) Repeat these 8 rows untill the pattern has been repeated 11 or 12 times. See if it fits before binding off. It should measure app. 16-17 cm. Bind off all st and sew it along the cast on and bind off edges. Make one more wristwarmer.

Enjoy your knitting

TANTE GRØN  
CPH

Design og copyright af Tante Grøn CPH  
Christian Winthers Vej 2, DK-1860 Frederiksberg C · @tantegroencph · www.tantegroencph.dk